Registration is now open for Falcons 2023 Junior Season.

The season this year will go from April 1st, 2023, until June 18th, 2023. Practices will begin around March 27th after Spring Break. There are no games or events on the Easter or May long weekends.

Note: Registration is a two-step process.

**STEP ONE:** register with FHC/FHBC. This is very important for insurance purposes, for the club.

We recommend you right click the link below and select "open link in new tab" to open the FHC/FHBC registration page so once that registration is finished you can return to this tab to complete the Falcons registration.

## https://fieldhockevbc.com/about/membership/

STEP TWO: register with Falcons.

For Falcons registration, we have switched to Teamsnap.

If you are currently in Grade 4 or below, please register for our U10 Program (Co-ed).

## https://go.teamsnap.com/forms/346260

Registration is now closed for U11 -18. Grade 5-12. Team rosters are full.

Game days for U11-18:

Saturdays U11, U12, U14, and U16

Sundays U13, U15, U17 and U18.

Practice times will be set closer to the start of the season.

ominations and applications are now being accepted for the Graeme Carswell "Follow Your Dreams" Award. This \$500 bursary will be awarded to a deserving young Falcon or Falcon Alumni who best exemplifies the characteristics of Graeme. who tragically passed away in 2016.

These characteristics include:

- 1. Follow their dreams.
- 2. Live their passions.
- 3. Always be kind.
- 4. Be a positive example for their team-mates in whatever sport they play.
- 5. Be self-less, humble, spontaneous, modest, charismatic and have a sense of humour.
- 6. Appreciate and love music.
- 7. Have compassion and respect for others.
- 8. Give their time freely to mentor younger people.
- 9. Be genuine.
- 10. Make a difference.

Details on how to nominate a deserving young Falcon or to apply for the bursary are in the attachment. They can also be found in the Documents section of the Falcons Webpage.

The deadline for the application is May 27th, 2022.

Falcons Field Hockey is proud to offer scholarships to deserving graduates. Scholarships of \$500 towards post secondary education are awarded each year to deserving students.

The application deadline is April 30th, 2022 Applications form can be found in the attached document, or in the Documents section on the website (bottom right hand corner of the site)

Please mail application to the address on the form.

## he Falcons Field Hockey Club



was started by Jurgen Lankau in 1968, and was initially a boys only program. There were approximately 25 boys teams in the 60's and early 70's. For a while the club produced the core of the Men's National team including Peter Motzek, Ralph Motzek, Steve Lewis, Brian Foxall, Brett Peterson, Kevin Brennan, Kirk Adams, Doug Preddy, Ross Rutledge, John Sacre, Mike Gunning, Guy Manwaring, Mike Muller & Dave Ancrum in the early years, and more recently Rob Short, Peter Short, Casey Ferguson, Mike Lee, Will Haering and others played Senior National. On the women's side Ali Johnstone and Ann Harada played nationally.

There have been a number of ex-Falcons who played or are playing at various universities in Canada and the US. (in addition to the above) Lauren Edelmeier, Jennifer Melnyk, Kristie Lau, Jennifer Watt, Gillian Wladichuk, Kelly Baudru.

Other ex-Falcons have played and are playing for BC provincial teams (U16, U18 and U21). Three Falcons players, Andrew Kenerva, Sara McManus and Shannon Herold are currently playing with the Junior National Field Hockey programs. With many in the past and more to come the club will continue to develop all levels of players and take pride in all its achievements.

## Falcons Under 10 Program

This is a graduated program starting with young players age 5 to 10 where the emphasis is on fun, fitness and body movement. As the players age they are exposed to more and more complex skills of field hockey. The program is for both girls and boys.

2023 Season Info

Practice times: Tuesdays 5-6 pm Sundays 2-3:30 pm Starting by the first week of April.

Note: Practice times may change due to field availability.

**Uniforms:** Uniforms are included with the fees. Players will be given a t-shirt early in the season. Players must supply their own black shorts and socks and wear cleats or good quality runners, shin guards and a moulded mouth guard.

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- 9. Be genuine.
- 10. Make a difference.

Details on how to nominate a deserving young Falcon or to apply for the bursary are in the attachment. They can also be found in the Documents section of the Falcons Webpage.

The deadline for the application is May 31st, 2023

<u>TeamPages: Falcons Field Hockey Club - Delta, Ladner, Tsawwassen - Falcons Field Hockey Club - Delta, Ladner, Tsawwassen</u>